

# MLB Pitch, Hit & Run Competition

## Overview

The MLB PITCH, HIT AND RUN competition provides youngsters across the country an opportunity to participate in an exciting baseball skills competition. This national initiative gives boys and girls, ages 7-14, the chance to showcase their pitching, hitting and running abilities.

This program is intended to encourage youth participation and emphasize the "FUN" element of baseball. Since there is NO registration fee, everyone has the opportunity to participate.

PITCH, HIT & RUN tests three of the most fundamental aspects of baseball - pitching, hitting and running.



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| <b>PITCH</b> | Participant is tested throwing strikes to a designated "Strike Zone" target. |
| <b>HIT</b>   | Youngster hits a ball off a stationary tee for distance and accuracy.        |
| <b>RUN</b>   | Youngster is timed, starting from second base, touching third then home.     |

All of the events are individually scored and converted to a total point score through the use of conversion tables. Boys and girls compete together at all levels of competition.

Participants will compete in each of the three components of PITCH, HIT & RUN, and accumulate a total score based on his/her performance.

## Registration

All contestants must fill out the **Official Registration Form obtained from the Wenatchee Youth Baseball website ([www.wyb.org](http://www.wyb.org))**, or at **Recreation Park** on the day of competition. Children must be from 7 to 14 years old and **show a valid birth certificate or baptismal record**. Registration begins at 10 a.m. on Sunday, April 18, 2010.

The four age divisions are: 7/8, 9/10, 11/12, and 13/14 with boys and girls determined as of July 17, 2008.

Major League Baseball wants every child to be given the opportunity to compete. Therefore, there is **no registration fee or purchase required** for any participant to enter.



Recreation Park

For advance registration, please send your completed registration and waiver forms to:  
**2010 PHR Competition, 424 Douglas St., Wenatchee, WA. 98801.**

## Competition

PITCH, HIT & RUN is a national grassroots program that has four levels of competition - Local, Sectional, Team Championship and National Finals. Team Championships are held during June in all 30 Major League Baseball markets. National Finals will be held in St. Louis, MO at the 2010 MLB All-Star Game.

Local competitions for the Wenatchee area will take place on **Sunday, April 18, 2010 at 11 a.m. Registration begins at 10 a.m.** at Recreation Park Ball Field, Orondo Avenue at Cherry Street, Wenatchee, Wash. For more information regarding the local competition, contact [Gary Looney at 509-393-5252](tel:509-393-5252).

Click here for general [MLB PITCH, HIT & RUN](#) competition information.